



## What to Expect

### 1. What is an inpatient acute hospital and what does it include?

KidsPeace Inpatient Hospital is an acute care 110 bed facility providing a fully integrated continuum of 24-hour intensive psychiatric care in a safe, secure (locked) facility. Our clinical services' short-term focus is on patient safety and stabilization of the crisis. Our acute inpatient psychiatric services include a comprehensive psychiatric and biopsychosocial evaluation as well as a full line of treatment services to address the neuropsychiatric, developmental and behavioral issues of individuals in crisis. Inpatient treatment includes individual, group, and family therapy. We will assist in discharge planning to providers who support children and families services. This can include a referral to KidsPeace or other providers based upon geographic location.

### 2. Who gets admitted to KidsPeace hospital?

Children and adolescents who present a danger to self or others and cannot be safely maintained in the community or their current placement are admitted to an inpatient acute setting. The risk can be in one or more of the following areas: suicidal thoughts/gestures or suicide attempts, homicidal thoughts/gestures, self-injurious behavior, aggressive and violent behavior. The individual could also be experiencing severe symptoms of psychosis or is unable to care for him/herself/themselves or poses a risk to self or others.

### 3. What is the average length of stay for an inpatient hospitalization?

The average length of stay is 7-10 days. Length of stay varies based on medical necessity which is assessed on a daily basis. Clients are not automatically discharged in three (3) days.

### 4. What should I bring?

Please bring 3 to 5 days of clothing, appropriately sized. When the client's items are inventoried, their initials will be placed inside the article of clothing. Clothes cannot have strings, hoods or inappropriate words. Bring one pair of shoes or sneakers, slippers are optional. Items that are of significant worth or sentimental value should remain at home. Clients may not have a phone, iPod, sharps, cigarettes or contraband. See Permitted Personal Belongings.

### 5. How long will the admissions process take once I arrive?

Upon arrival, you and your child will meet with Admissions staff to sign consents. Then you will meet with an admissions nurse who will complete a nursing assessment and gather medical history. The admissions process will take approximately one hour.

### 6. Can my child receive visitors and phone calls while they are hospitalized?

Yes, phone calls and visitation are permitted for immediate family above the age of 12. Upon admission, a caller and visitor list is completed by the legal guardian. You will receive a visitation sheet from admissions that tells the days and times of visitation. \*\*\*Due to the nature of the set up of our hospital, the structure and treatment/groups that your child will attend, and the different psychiatric illnesses that are being treated, we are unable to accommodate parents and guardians to stay with their child overnight or for any extended length of time during the day.

### 7. Do parents participate in treatment?

Parents/Guardians are expected to participate in treatment as this is very important to a client's treatment progress. This includes family therapy, phone calls and visits, as well as phone contact with the staff and treatment team.

### 8. Who brings my child home upon discharge?

Parents/guardians are responsible for transportation home for their child upon discharge. Limited transportation services are available on a case-by-case basis.

### 9. What if I want copies of records?

Discharge information will be provided to current treatment providers upon discharge. You will be provided a discharge instruction sheet. If you would like to request any additional reports, please call medical records at 610-799-8822.

