



## TRI-CARE Residential Services

### Description

KidsPeace's TRI-CARE Residential Services feature highly individualized, self-contained, staff secure, highly structured, Trauma Informed, 24-hour residential care for adolescents with moderate to severe emotional and psychiatric needs and behavior problems. All services utilize evidence based and/or promising practice interventions that promote the child's ability to function successfully in a less restrictive and intensive setting.

### Population served

Services are designed for and available for males and females ages 13 to 18 with moderate to severe psychiatric issues with a DSM V Diagnosis. *Individuals falling outside the criteria for admission/exclusion are considered for admission on a case-by-case basis.*

### Exclusionary Criteria

- Patterns of high-risk behaviors that require 1:1 supervision throughout the entire stay to ensure safety
- Patterns of severe assaultive behaviors with or without weapons with the intent to do harm to others with no remorse
- Chronic patterns of treatment resistance, medication refusal, and education refusal
- Patterns of elopements from facilities that include significant danger to self or others
- Self-harm that requires a higher level of supervision than provided
- Youth that have shown a pattern to recruit other youth into CSEC/Trafficking situations
- Fire Setting Behaviors that lead to property or other types of damage
- Clients who have an IQ score below 70
- Medical condition requiring extraordinary care
- Clients that require treatment in a substance abuse program
- Youth that have received felony convictions for assaultive behaviors or use of instruments of crime to cause potential harm or death.
- Clients that have Autism or Neurological Impairments as primary diagnosis and/or related symptoms including self-injurious behaviors, sensory needs, lack of reciprocal language skills, or requires assistance with ADLs
- Patterns of utilizing sexual aggression as a vehicle for power and control or other sexually inappropriate behavior that needs specific sexual responsibility treatment.
- Clients currently known to be pregnant

### Services

This program is designed to identify protective factors that promote resiliency, including psychological strengths within the client, as well as positive family and community factors. Examples of such factors include having a sense of purpose, a commitment to values, positive relationships, optimistic beliefs, open communication, and community resources and opportunities. Discharge planning begins upon admission, with an emphasis on expeditious transfer to a less restrictive level of care. KidsPeace adopted the use of Ukeru Systems to augment our crisis intervention procedures. Ukeru is a trauma-informed approach that incorporates blocking equipment designed to keep both clients and staff safe during crisis situations and highlights the use of comfort versus control strategies.

In order to accomplish this KidsPeace offers the following:

- Physical examination/nursing assessment
- Psychiatric evaluation
- Daily curriculum-guided structure and therapy
- Psychological evaluation
- Individual, group and family therapy
- Therapeutic recreation

***For additional information or admission, please contact:***

**KidsPeace National Centers, Admissions Department, 5300 KidsPeace Drive, Orefield, PA 18069-9101  
admissions@kidspeace.org, 800-8KID-123, fax: 610-799-8900**

[www.kidspeace.org](http://www.kidspeace.org)

[www.teencentral.com](http://www.teencentral.com)



- Medication management
- Task analysis and behavior modification
- Comprehensive Behavioral Consultation
- Bio/psycho/social assessment
- Health education
- Drug and alcohol psycho-educational service
- Positive Youth Environment
- Geographic Family Therapy
- Spirituality services
- Clinical/Medical Team Reviews
- Strength Based Treatment Environment
- Community Re-Integration
- Community Bike Works
- Nursing Staff station on unit
- Life Space Crisis Intervention (LSCI)/Counseling
- Risk screening
- Creative Therapy Assessment
- Comprehensive treatment plan
- Medication education
- Brief-Psychiatric Rating Scale for Children (BPRS-C)
- Trauma Informed Care Strategies
- Life Skills Training and Assessment
- Individualized Treatment Planning
- Discharge/Aftercare Planning
- Incentive-based Progression System
- Outdoor Adventure Based Programming
- Pet Therapy
- Special Education Services (ESY Available)

### **Treatment team**

Staffing levels are based on the clinical and safety needs of clients. Individualized service plans are implemented for each client by an interdisciplinary team that may be composed of, but is not limited to, the following:

- Board certified psychiatrists
- Licensed psychologists
- Board certified family practice
- Clinical Manager
- Board Certified Behavior Analysts
- AfterCare Specialists
- House Manager
- Program Director
- Director of Clinical Services
- Recreation Technicians
- Registered Nurses
- Family/Guardian
- Certified special education teachers
- Certified recreation/expressive therapists
- Licensed Social Worker
- Licensed Professional Counselor
- Behavior Intervention Specialist
- Assistant House Manager
- Assistant Program Director
- Mental Health Technician
- Utilization Management Specialist
- Case Managers

**Staff-to-client ratio: 1-3-1:4**

### **Treatment locations**

KidsPeace Orchard Hills Campus  
5300 KidsPeace Drive  
Orefield, PA 18069

*Telephone pre-screening is available. Please be prepared to provide the following:*

- Bio/psycho/social history
- Pertinent medical data
- Current psychiatric, psychological evaluations
- Current Individualized Education Plan (IEP), relevant educational information and reports
- Current progress reports/treatment plans, if the client currently resides or has recently resided in another facility.

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