



## **Foster Care and Community Programs – Northern Virginia**

### **Description**

KidsPeace Foster Care and Community Programs (FCCP) is a community-based foster care program for children needing placement outside of their family of origin. We work closely with the local departments of social services, family members, relatives, foster families and adoptive families to help the child achieve permanency within the required timeframes. The program serves children ranging from those who exhibit minimal behaviors as a result of being removed from their family of origin to children with extensive emotional/behavioral issues and/or medical issues. The FCCP program trains qualified families in the community to provide a therapeutic milieu for children in their care. Additional trainings tailored to meet the individualized needs of each child are developed and taught to the treatment families to ensure each family's effectiveness. In matching children with treatment families, characteristics of the treatment family are closely matched with the individual needs of the child. KidsPeace strives to ensure that our interventions with children are positive by tracking outcomes, which include achievement of permanency goals, successful academic performance and meeting therapeutic goals as identified within the individual service plans. Also, KidsPeace works in partnership with the Virginia Department of Social Services to meet performance measures and national standards of the Child and Family Service Reviews.

### **Population Served**

The program serves males and females from infancy to age 21. Treatment services address a wide variety of social and emotional difficulties, developmental delays, learning problems, psychological disturbances and behavioral challenges. The program also serves pregnant teens and teenage mothers. The program is inappropriate for children who are actively suicidal, overly aggressive, active fire-setters or who are in need of 24-hour awake supervision.

### **Treatment Services Provided by KidsPeace**

- 24-hour crisis intervention
- Supervised visitation
- Respite care
- Medical foster care services
- Counseling
- Embracing family of origin in treatment planning and intervention
- "Bridging the Gap" between foster families and birth families.
- Outcome-based clinical services
- Concurrent permanency planning
- Quarterly Individualized Service Plans (ISP)
- Adoption Preparation
- Preparation for independent living

### **Treatment services provided by a contract agent of KidsPeace or a community provider**

- Psychiatric evaluations
- Medical/physical/dental examinations
- Individual therapy
- Tutoring and/or mentoring when necessary.
- Psychological evaluations
- Appropriate educational placement
- Group and/or family therapy when necessary

### **Treatment Team**

Individualized service plans are designed for each child by our interdisciplinary team with input from the child, the child's family of origin, treatment family and referral source. Members of the treatment team may be composed of, but are not limited to, the following:

- Department of Social Services representatives
- KidsPeace treatment parents
- KidsPeace Program Manager
- Certified special education teachers
- Board certified psychiatrists
- Board certified pediatricians
- Therapists
- Mentors
- Tutors
- Licensed clinical psychologists
- KidsPeace family consultants
- Family of origin.

**For additional information or to make a referral, please contact:**

**KidsPeace 877-293-7324 • [www.fostercare.com](http://www.fostercare.com) • [www.kidspeace.org](http://www.kidspeace.org) • 800-334-4KID  
[www.kidspeace.org](http://www.kidspeace.org)**



### **Staff-to-Client Ratio**

Maximum caseload size ranges from 6 to 12 children per caseworker, dependent upon the clinical needs of the children, with most caseworkers serving a maximum of 8 children. The FCCP program will, at a minimum, meet the state requirements in regard to staffing patterns.

### **Levels of Care**

KidsPeace Foster Care and Community Programs of Northern Virginia has three levels of care. These levels exist to service the various needs of the children who are admitted to the program. Most of the clients who are referred to the program have a chronic history of abuse and/or neglect, emotional/mental health issues, numerous disrupted placements and prior residential treatment and enter the program at the Intensive Level for an adjustment period. Throughout treatment, each child's progress is assessed based on his/her functioning across nine life domains that include behavior, legal/community impact, emotional, social, medical, educational, sexual, familial and substance use.

Children will enter the program in any of the following levels of care. Children will be moved to the most appropriate category to meet their current needs throughout their stay in foster care. The request to adjust a child's level is made by professional members of the child's treatment team including KidsPeace and/or Department of Social Services staff. The final decision to change a child's level of care is made by the Department of Social Services.

- **Intensive Treatment Foster Care (Level III)**

Children in this level are children in need of intense supervision as indicated by medical, psychiatric and/or behavioral history. Children whose medical needs require specialized training on the part of the foster parent, children who have required psychiatric hospitalization within the past three months, children who have a history of sexual perpetration and children who abuse substances may also be considered for Intensive Treatment Foster Care. Children in this category are visited by a KidsPeace staff person at least four times per month.

- **Therapeutic Foster Care (Level II)**

Children in this level may require interventions from KidsPeace staff for verbal or physical aggression or have medical conditions, which require an amount of supervision by the foster parent that does not require specialized training or receive multiple supportive services. Children in this category are visited by a KidsPeace staff person at least three times per month.

- **Basic Foster Care (Level I)**

Children who fit this level display little to no behavioral problems at the time of admission or have been previously admitted to KidsPeace Foster Care and Community Programs at a higher level of care, and their treatment needs have stabilized for a minimum period of 90 days. Children who fit this level require minimal to no interventions in the community or foster home, do not require community-based behavioral interventions and have no need for intensive psychiatric or psychological services. Children in this category are visited by a KidsPeace staff person at least once per month.

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