



## **Mother Baby Foster Care Programs – Maryland**

### **Description**

KidsPeace Mother Baby Foster Care Programs (MBFC) is a community-based, family-focused, child-centered and strength-based therapeutic foster care program for pregnant and parenting teens who need placement outside of their family of origin because of abuse and/or neglect. Our program serves teen moms who require specialized services for emotional, behavioral and/or medical issues. The practice model utilized within FCCP is the evidence-based Nurturing Parent Program developed by Steven Bavolek. “The Nurturing Parenting Program” is a family-centered initiative designed to build nurturing parenting skills as an alternative to abusive and neglectful parenting and child-rearing practices. The long-term goals are to prevent recidivism in families receiving social services, lower the rate of multi-parent teenage pregnancies, reduce the rate of juvenile delinquency and alcohol abuse and stop the intergenerational cycle of child abuse by teaching positive parenting behaviors.” The MBFC Program focuses on teaching these young parents the skills they need to nurture themselves and their child and to live independently. Because we realize that healing and growth happen within the context of the family, FCCP provides extensive training and ongoing support to those families selected to become foster parents. The program carefully matches children with foster families to promote stability for the mom and her baby. The program adheres to the principle that the first placement is the best placement. Additionally, the program supports healthy and enduring connections of the child with his/her biological family including siblings, parents, extended family and other caring adults and peers and considers them integral members of the treatment team.

### **Population Served**

The program serves pregnant and parenting teens up to 20 years of age. Treatment services address a wide variety of social and emotional difficulties, medical issues, developmental delays, learning problems, psychological and psychiatric issues and behavioral challenges.

The program is inappropriate for children who are actively suicidal, active fire-setters or who are in need of 24-hour awake supervision.

### **Services**

- 24-hour availability
- Crisis intervention
- Behavior modification
- Evidenced-Based Nurturing Parent Curriculum featuring weekly support groups
- Assigned mentor for regular visits and support
- Vocational Support: Vocational Specialist conducts individual assessments, provides support in obtaining a job and development and enhancement of skills to maintain a job and perform successfully in the workplace
- Family Therapy with a licensed Marital and Family Therapist with child and foster family and child and biological family to enhance positive and meaningful relationships
- Independent Living Group “KEYS”
- Regular and frequent in-home foster family and community visits with a licensed social worker
- Quarterly individual service planning meetings with treatment team
- Online trainings and monthly trainings in the office for therapeutic foster families
- Child specific recruitment
- Extensive internship program with University of Maryland’s School of Social Work, which provides an additional support to children in the program.
- After-hour placement
- Respite care
- Case management

### **For additional information or admission, please contact:**

**KidsPeace National Centers, Administrative Office, 5575 Sterrett Place, Suite 200, Columbia, MD 21044, 410-964-9329 • Administrative Office, Suite 401, 2701 North Charles Street, Baltimore, Maryland 21218 • 410-261-3232, Fax 410 889-7448 • [www.fostercare.com](http://www.fostercare.com) • 800-8KID-123**



### **Treatment Team**

Individualized service plans are designed for each child by our interdisciplinary team, which may consist of input from the following members:

- Child/youth
- KidsPeace therapeutic foster family
- Child's individual therapist
- KidsPeace vocational specialist
- Teachers
- Mentor
- KidsPeace Program Manager or Clinical Supervisor
- Biological family, extended family and other caring adults and peers
- Any other individuals identified as invested in the life of the child/youth.
- Department of Social Services social worker
- KidsPeace social workers
- KidsPeace marital and family therapist
- Tutors
- Interns

### **Staff-to-Client Ratio**

Maximum caseload is 1-6 teen parents and their children on a licensed social worker's caseload.

### **Hours of Operation**

The FCCP Program is available to our foster parents and children in our program 24 hours a day, seven days a week.

Additionally, the program is available for placements at all times.

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