



## Residential Services

### Description

KidsPeace's Residential Services feature highly individualized, self-contained, staff secure, highly structured, 24-hour residential care for adolescents with moderate to severe emotional and psychiatric needs and behavior problems, and includes specific units for clients with borderline intellect who require intensive staffing levels. All services utilize interventions that promote the child's ability to function successfully in a less restrictive and intensive setting.

### Population Served

Services are designed for and available for:

- Males and females ages 12-19 with moderate to severe psychiatric issues

### General Assessment and Treatment Modalities

The level of supervision, as well as the clinical, recreational, and educational services, exceed what most traditional residential programs can provide. Services may include, but are not limited to:

- Physical examination/nursing assessment
- Daily curriculum-guided structure and therapy
- Individual, group and family therapy
- Medication management
- Task analysis and behavior modification
- Comprehensive functional assessments
- Biopsychosocial assessment
- Wellness education
- Drug and alcohol prevention, intervention and educational services
- Psychiatric evaluation
- Psychological evaluation
- Therapeutic recreation
- Life Space Crisis Intervention (LSCI)
- Risk screening
- Psychiatric and/or psychological evaluations
- Comprehensive treatment plan.
- Medication education

### Treatment Team

Staffing levels are based on the clinical and safety needs of clients. Individualized service plans are implemented for each client by an interdisciplinary team that may be composed of, but is not limited to, the following:

- Board certified psychiatrists
- Licensed psychologists
- Board certified pediatricians
- Crisis prevention/intervention specialists
- Master's level clinicians
- Certified functional behavior analysts
- Certified addictions counselors
- Registered nurses
- Certified special education teachers
- Certified expressive therapists
- Child care counselors
- Clinical/Program supervisors
- Recreation therapists

### Specific Services

#### A. Sexual Issues Treatment: Staff-to-Client Ratio: 1:4

##### Description

Sexual Issues Treatment is located in Orefield, PA, on the Orchard Hills Campus, and provides highly structured, staff-secure, intensive residential treatment services for male adolescents with sexually abusive/reactive issues. Key issues and behaviors that prevent a child from functioning appropriately in a less restrictive setting are identified. The focus is on helping clients achieve the following goals: accept responsibility for inappropriate behaviors, identify maladaptive behavioral patterns; increase social sensitivity; develop empathy for abuse victims and learn long-term accountability and self-discipline. Length of stay is determined by a child's successful achievement of treatment goals.

##### Population Served

Males ages 12 to 18 with sexual issues. Adolescents under age 12 will be considered on a case-by-case basis. Exceptions will be considered on a case-by-case basis.

##### Interventions

- Self-evaluative performance programs
- Sexual issues STRIDE group therapy process

**For additional information or admission, please contact:**

**KidsPeace National Centers, Admissions Department, 5300 KidsPeace Drive, Orefield, PA 18069-9101 • admissions@kidspeace.org • 800-8KID-123 • fax: 610-799-8900**

**www.kidspeace.org**



- Individual, group and family therapy
- Therapeutic recreation
- Sex education
- Family education of sexually abusive/reactive issues
- Family therapeutic visitation
- This service utilizes the Sanctuary Model of trauma-informed care
- Behavior management program
- Incentive-based level/tier system
- Outdoor adventure-based program
- Aftercare planning

**B. Behavior Disorder Treatment:** Staff-to-Client Ratio: 1:5**Description**

Specialized Behavior Disorder Treatment is located in Orefield, PA, on the Orchard Hills Campus. Treatment is a highly structured, staff-secure and reality and cognitively behaviorally based. Goals include helping residents accept responsibility for inappropriate behaviors, identifying maladaptive behavioral patterns, increasing social sensitivity, developing empathy for victims, training in pro-social skills and learning long-term accountability and self-discipline. The length of stay for a client is determined by the client's successful completion of treatment goals.

**Population Served**

Males ages 12 to 18 who demonstrate one or more of the following criteria: diagnosis of a behavior disorder that impacts family or social functioning and has been characterized by repeated failed placements, chronic delinquent behavior and a history of aggressive and/or assaultive behavior toward family, staff and/or peers. Exceptions will be considered on a case-by-case basis.

**Interventions**

- Group therapy/group counseling
- Individual/family therapy
- Cognitive behavior therapy
- Behavior modification training
- Positive Youth Environment
- This service utilizes the Sanctuary Model of trauma-informed care
- Anger Management
- Conflict Resolution
- Life Space counseling
- "Thinking for a Change" curriculum
- Specialized recreation activities

**C. Intensive Residential Treatment:** Staff-to-Client Ratio: 1:4**Description**

Intensive Residential Treatment is located in Orefield, PA, on the Orchard Hills Campus and features highly individualized, self-contained, staff-secure, 24-hour psychiatric care for clients requiring more intensive clinical, recreational and educational services and supervision than standard residential treatment can provide. The purpose is to provide appropriate individual intervention that promotes the child's ability to function successfully in a less restrictive and less intense setting. Expected length of stay is determined by a child's successful achievement of treatment goals.

**Population Served**

Treatment serves males and females ages 13 to 18 with multiple psychiatric diagnoses who are exhibiting moderate to severe psychiatric symptomatology, or who have histories of unsuccessful or repeated placement and/or hospitalization. The emphasis on safety in our Intensive milieu provides an environment conducive to success. Treatment issues include those related to depression, suicidality, posttraumatic stress disorder, cognitively challenged clients, sexual or physical victimization, pervasive developmental disorder and self-injurious behavior. Exceptions will be considered on a case-by-case basis.

**Interventions**

Treatment plans are tailored to meet specific individual needs with specialized treatment modalities and protocols. Services may include, but are not limited to, the following:

- Integrated psychiatric services with traditional individual, group, family and recreational therapy
- Client-centered environment with an interrelated self-management performance appraisal system
- Psychoeducational, process-oriented and relapse-prevention groups
- Self-contained educational programming
- Individual and recreational therapy with multiple levels of opportunity for therapeutically supervised

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socialization activities

- This service utilizes the Sanctuary Model of trauma-informed care

**D. KidsHope Intensive Treatment:** Staff-to-Client Ratio: 1:3 – 1:4

**Description**

KidsHope Intensive Residential Treatment is located in Orefield, PA, on the Orchard Hills Campus and provides highly individualized, self-contained, structured 24-hour clinical, educational and psychiatric care for low-functioning adolescents with behavior disorders. Limitations in adaptive functioning that prevent a child from being successful in less restrictive settings are identified and targeted. Interventions address improving a client’s impulse control, social judgment and interpersonal skills to enable and support the child to transition to a less restrictive setting. Treatment takes place in a campus setting. Education occurs initially in a self-contained, highly structured and closely supervised classroom. Length of stay is determined by the client’s successful achievement of treatment goals.

**Population Served**

Males ages 12 to 18 who are dually diagnosed with moderate to severe emotional disturbances and cognitive limitations that challenge both traditional and specialized therapeutic residential treatment. Exceptions will be considered on a case-by-case basis. Clients who fall outside the stated I.Q. range can be individually assessed for appropriateness for possible admission. Services are designed and staffed to address a wide range of psychiatric and behavioral disturbances, while accounting for intellectual and developmental limitations that can often disrupt traditional treatment efforts. KidsHope utilizes highly individualized, carefully sequenced and closely monitored applied behavior modification systems.

**Interventions**

- Daily curriculum-guided structure and therapy
- Individual, group and family therapy
- Therapeutic recreation
- This service utilizes the Sanctuary Model of trauma-informed care
- Life Space counseling
- Task analysis and behavior modification
- Comprehensive functional behavior assessment

*Telephone prescreening available. Please be prepared to provide the following:*

- Biopsychosocial history
- Current psychiatric/psychological evaluations
- Pertinent medical data including medications, immunization records
- Current Individualized Education Plan, relevant educational information and reports
- Current progress reports/treatment plans, if the client currently resides or has recently resided in another treatment facility.

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