



## ***Sexual Issues Residential Program – Mesabi Academy, Buhl, Minnesota***

### **Description**

The Sexual Issues Residential Program offers services to non-delinquent and delinquent males ages 10-18, as well as those youth on Extended Juvenile Jurisdiction (EJJ) status until the age of 21. The Sexual Issues Residential Program is designed offering highly specialized, staff-intensive sexual issues programming, which is offered in a staff secure setting. Specialized approaches and skill development, grounded in curriculum-guided therapeutic practices, address sexual behaviors/offenses and aim to reduce the risk for repeated behavior. This program combines a cognitive-behavioral approach with clinical services and youth empowerment. It utilizes a variety of evidence-based techniques, with the primary method being cognitive behavioral therapy in a group environment with a relapse prevention focus. The average length of stay for the Residential Program is 12-18 months.

### **Population Served**

Youth can range in age from 10 to 18 (and EJJ youth to 21). A court order states, beyond a reasonable doubt, that the youth is delinquent and is in need of treatment, supervision and/or rehabilitation and/or is in need of services based on a CHIPS petition.

- Require more intensive treatment
- Present a risk to the community
- Have a repeated history of elopement from home or other treatment programs
- Have other issues including chronic truancy, fire-setting, assault, burglary, robbery, weapons offense(s) or loss-of-life crimes
- Have a repeated loss of impulse control requiring crisis intervention and stabilization
- Have significant chemical health problems
- Have anti-social values, beliefs and personality traits
- Exhibit excessive social isolation or pathologically dependent interpersonal skills
- Associate themselves with anti-social peers
- Exhibit poor social and problem-solving skills
- Have frequent episodes of shoplifting or stealing
- Have a criminal history
- Have gang and/or drug related offense(s).

### **Exclusionary criteria:**

- Youth with a Full-Scale IQ less than 60
- Youth who are intoxicated, going through withdrawal or exhibiting symptoms of withdrawal
- Youth whose primary treatment need is for a persistent mental illness
- Youth who present a low risk for re-offense and are not in need of a highly structured environment.

### **Services**

- Sexual Issues specific group therapy
- Year-round educational services and GED programming
- Family counseling/therapy, as recommended by the Clinical Team
- Individual counseling/therapy, as recommended by the Clinical Team
- Crisis prevention, de-escalation, and intervention

### ***For additional information or admission, please contact:***

**KidsPeace Mesabi Academy, Admissions Department, P.O. Box 726, Buhl, MN 55713 • 888-270-5013**

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- Vocational skill development opportunities
- Community Service/Restitution opportunities
- Recreational opportunities
- MN State High School League Athletic Program
- Psychological evaluations/services, as recommended by the Clinical Team
- Psychiatric services, including medication management
- Transportation
- Interdisciplinary treatment team approach
- Psycho-education group sessions, including “Thinking for a Change (T4C)” “Trauma Recovery and Empowerment (TREM)” and “Aggression Replacement Training (A.R.T.)”
- Religious Services
- Medical Services
- Aftercare

### **Treatment Team**

An interdisciplinary treatment team approach is used to assess and develop individualized goals for each youth. Representatives from every department, the referring agent/s, parents/guardians, and the youth are all involved in the development of the individualized program plan and the continuous review of that plan.

**Staff-to-Youth Ratio: 1:10**

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